

March 2015

Patron in-C Prof. Maaz Ahmae Patrons Prof. Farkhanda Kokab Prof. Rubina Sarmad 24th MARCH EOPLE GET SICK EVERY YEAR GLOBALLY ON'T GET THE CARE Prof. Rabia A. Usmani Reach, Treat, Cure Everyone Prof. Zarfishan Tahir Prof. Seema Imdad Editor in Chie Institute of Public Health, Lahore Prof. M. Shahid Dr. Malik Shahid Shaukat Dr. Anjum Razzaq Dr. Naeem Asghar Dr. Hafiz Shahid Latif In-charge Publications M. Azeem Malík

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IPH Observes World TB Day

Hafiz Shahid Latif

9 MILLION PEOPLE GET SICK EVERY YEAR GLOBALLY 3 MILLION DON'T GET THE CARE



24th MARCH

Reach, Treat, Cure Everyone

WORLD TB DAY

Institute of Public Health, Lahore

context of World TB Day, IPH organized a seminar on 24th March 2015 to bring various operational hands like WHO, Punjab TB Control Program and Provincial TB Reference Laboratory together and highlight the WHO 2015 slogan "Reach the 3 million; Reach, Treat, Cure Everyone." The seminar was attended by the staff and students of IPH along with multiple doctors registered for CME.

Dr. Jamshed Ahmed, WHO representative told that Punjab alone bears 56% of TB burden of the country and a quarter of the total disease burden of EMRO region. About 75% of the sufferers belong to productive age group leaving a strong impact on social and financial aspect of their lives and the lives of their families. He explained the slogan 2015 "three million people are missed every year by health systems and this has been the case since six years." He promised every possible cooperation by WHO.

Dr. Abdul Majeed Akhtar, director of PTP Punjab highlighted various aspects of the TB Control Program in Punjab. He explained the changing picture of dealing with the disease after the implementation of DOTS program. "PTP has introduced many interventions like

e-surveillance, establishment of laboratory network, hospital DOTS linkage, childhood TB, Core TB and drug resistant TB to increase the functional strength of the program," he said. The functional sites for PMDR-TB are increased all over Punjab to maximize the access and management of drug-resistant cases. Dr Abdul Majeed explained the extending network of diagnostic centers and appreciated the contribution of TB reference lab at IPH for providing continuous training to the laboratory personnel.

Dr. Awais Arif working as MDR-TB coordinator in PTP briefed about the current situation and future prospects of the drug resistant cases and management plans in Puniab.

Mr. Hasnain from TB Reference Lab in IPH Lahore presented the working of the laboratory and talked about various diagnostic issues.

Dean IPH, in his address, highlighted the importance of organizing such activities to increase the awareness of healthcare providers to follow the slogan and ignite the efforts towards the achievement of goals being set.

At the end, Dr. Malik Shahid thanked the participants for their valued participation.



















Dr. Shahid Iqbal & Dr. Rabia A. Usmani Get Promoted As Professors

Dr. Shahid Iqbal working as Professor of Infectious Diseases on current charge basis got promoted as Professor on regular basis. Dr. Rabia Arshad Usmani working previously as Associate Professor of Public Health Practice has also been promoted as Professor on regular basis. The Research & Publication Cell congratulates both of them and wishes them a prosperous future. **Reported by M. Azeem Malik**

IPH Holds Meeting on SatScan

As a continuation of previous activity, IPH held further meetings on SatScan, the software for alert generation regarding occurrence of dengue in Punjab. The meeting



was held on 6th of March 2015 in Conference room and was chaired by Dean IPH Lahore who is also the Head of Alert Generation committee announced by TAC of Health Department. Other participants included Prof. Farkhanda Kokab, HOD Epidemiology, Dr. Islam Zafar, ADGHS (EP&C), Mr. Saflain Haider, Joint Director PITB, Dr. Farrukh Sultan, DPC Lahore, Dr. Anjum Razzaq, Mr. Umer Farooq and Mr. Faisal Mushtaq. Various aspects of the software including the output and practical application were discussed in detail. Reported by Faisal Mushtaq

IPH Gets 70 Million Grant For Up-gradation

The Government of the Punjab recently gave administrative approval for up-gradation of IPH Lahore at a total cost of Rs. 70.721 million. This long awaited grant is expected to add to the capacity of the institute & help develop infrastructure for future requirement. **Reported by Naeem Asghar**

4th Year MBBS Students From FJMC Visit IPH

Students of 4th year MBBS, Fatima Jinnah Medical College Lahore visited MCH Department of Institute of Public Health Lahore on 7th, 9th and 10th of March 2015. Students were divided into 3 batches of 75 each. The objective of this visit was to observe the organization, administration and functioning of MCH department. The MCH staff under the supervision of Prof. Rubina Sarmad

facilitated the visitors. Reported by Humaira Zareen



MBBS Students From Akhter Saeed Medical College Visit IPH

60 students from Akhter Saeed Medical and Dental College Lahore visited IPH on 13th and 14th of March 2015 to observe the administration and working of MEP



laboratory, MCH centre & EPI centre of MCH department. Dr. Humaira Zareen supervised this visit. The students were briefed about the technical services offered by the concerned sections. **Reported by Humaira Zareen**

MBBS Students From Shalamar Medical & Dental College Lahore Visit IPH

Around one hundred 4th year medical students along with faculty members from Shalamar Medical and Dental



College Lahore visited MCH department of IPH on 21st March 2015. MCH staff supervised this visit. The visitors were introduced to the functioning of various sections of the department. **Reported by Humaira Zareen**



CME Seminars from April to June 2015

The following table contains the requisite information regarding the seminars that will be held from April to June 2015. The participating health professionals will earn the credit hours required for re- certification / renewal of PM&DC practising license, per section 16-B of PM&DC (Amendment) Act, 2012.

Sr.No.	Title	Date	Speaker
1	Epidemic Investigation	02.04.15	Prof. Farkhanda Kokab
2	Dengue Vector Surveillance & Identification	09.04.15	Dr. Humayun Naru
3	MERS- An Emerging Infection	16.04.15	Prof. Dr. Shahid Iqbal
4	Measles	23.04.15	Dr. Humaira Zareen
5	Prevention and Management of Obesity	30.04.15	Dr. Nadeem Sagib
6	Biosafetv	07.05.15	Prof. Dr. Zarfishan
7	Dengue Vector Surveillance in Puniab	14.05.15	Dr. Anium Razzag
8	Insecticides	21.05.15	Dr. Muhammad Aslam
9	Polio in Puniab – The Current Situation	28.05.15	Prof. Dr. Shahid Iqbal
10	Material Management	04.06.15	Dr. Shehzad Saeed
11	Life Table	11.06.15	Dr.Shahid Malik
12	TB – Under DOTS Program	18.06.15	Prof. Dr. Zarfishan
13	Alert Generation in Dengue	25.06.15	Dr. Anium Razzag

Nursing Students From Sadia Waheed FMH College of Nursing Lahore Visit IPH

46 3rd year general nursing students from Sadia Waheed FMH College of Nursing Lahore visited MCH department on 26th March 2015. They were facilitated by the MCH staff regarding the working of MCH and EPI centers. **Reported by Humaira Zareen**

IPH Holds CME Seminars

During the month of March, IPH hosted four (04) CME-accredited seminars on the following topics of public health



importance:

- Swine Flu
- Enteric Fever
- · Diabetes Control & Management by Lifestyle
- · Management of Rabies

All the departments of IPH participated actively in the said



activities, valuing the importance of Continued Medical/ Dental Education. More than 300 participants attended the seminars and got enlightened by the knowledge and experience of worthy speakers and experts of their respective fields. Reported by Hafiz Shahid Latif



Routine IPH Activities During March 2015

Activities	No.
Dengue virus tests performed (IgM, IgG, NS1)	01
Persons receiving health education on dengue	2958
Clients receiving family planning services	52
Expectant mothers receiving antenatal care	54
Mothers receiving post natal care	01
Patients utilising public dental health services	195
Polio vaccination for international travellers	91
Children receiving vaccination of:	
BCG	23
Pneumococcal	49
Pentavalent	49
Tetanus Toxoid	29
Oral Polio	115
Measles	28
Anti-Rabies vaccination given to dog bite victims	2565
Nutrition Diagnostic Biochemical Lab Tests	167
Patients having sputum tested for AFB	619
Patients having sputum cultured for AFB	619
Tests for Hepatitis B	22
Tests for Hepatitis C	22
HIV Elisa	05
HIV Rapid	05
CBC tests performed	23
Infants & children receiving health care	232
Adults receiving health care	238
Water samples tested for faecal contamination	223
Daily report on dengue disease & surveillance	31