



Official Newsletter of Institute of Public Health, Lahore

# IPH NEWS

## Public Health

Excellence in Higher Public Health Education

June 2015

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HEALTH FOR ALL



## Say Yes To Breast Feeding Initiative

One of the most important preventive aspects of maternal and child health is breastfeeding. To speak on this advantageous practice, IPH invited Dr. Muhammad Ilyas Khan, a qualified Public Health consultant, MCH specialist and lactation consultant on 10th June 2015. He introduced Qatar's First Integrated Multidisciplinary Breast Feeding Advocacy Program under which an encouraging response has been witnessed in USA, UAE and Saudi Arabia. Dr. Ilyas wished to incorporate more and more healthcare professionals in the program to enhance its benefits here in Pakistan. He requested Dean IPH to support the initiative locally for maximizing the gains of the society and opening new horizons for MCH practitioners and researchers. A scholarship was also offered by him for fellowship under the umbrella of this program. Prof. Dr. Maaz Ahmad (Dean) paid gratitude to Dr. Ilyas for his commitment to the subject and his enlightening words for the faculty and students of the institute. IPH presented a thanking certificate to worthy speaker.



## IPH Anti-Dengue Day, 15th June 2015

In accordance with the orders of the government of the Punjab, 15th June 2015 was celebrated/ observed as Anti-Dengue Day in all the public sector institutions of Punjab. Institute of Public Health organized a set of activities including a seminar, distribution of health education material, checking/sampling of various indoor and outdoor potential mosquito-breeding sites and a walk to increase the awareness regarding prevention and control of this disease. Students, faculty and support staff of the institute attended the seminar. Talking to the audience Dr. Humanyun Naru (Head of MEP department) said that the larval surveillance for the Aedes Aegypti is helping to shape up the control measures. He also highlighted the importance of routine surveillance activities. Dr. Aslam Anjum (MEP department) shared the information on the development of vaccine against the disease and the results

of latest efficacy trials in various countries. Prof. Dr. Maaz Ahmad (Dean), in his closing remarks, emphasized the importance of recognition/ identification of the Aedes larva. He also asked the audience to play their active role in eliminating the potential breeding places and putting every possible effort to prevent the epidemic/ outbreak of Dengue Fever. Moreover, a live demonstration regarding identification of Dengue Larvae was given to the participants. In the end, Dr. Shahid Latif thanked the audience and worthy speakers for their valuable time to address the potential disease-risk to our society. Afterwards, an awareness walk was observed from IPH to the neighborhood & pamphlets were distributed among people. All of these efforts contributed a good spirit to the ongoing activities regarding the disease prevention and control at community level. *Reported by Shahid Latif*



15.06.20

## KEMU Students Visit IPH

As part of their undergraduate training, 3 batches of KEMU 4th year students visited IPH on 01st, 8th & 11th June 2015. The students were taken around various departments of IPH including MCH and dog bite vaccination center and given briefing on working of these sections of the prime public health institute of the country. The students were also taken to MEP labs where they were shown aedes larvae both under the microscope as well as unassisted. More batches are expected to visit IPH during coming months. **Reported by Malik Azeem**



## IPH Conducts Seminar On Dengue Alerts

IPH has been involved in dengue prevention & control activities since 2011 and has imparted many achievements to the program including development of SOPs and regular generation of dengue alerts over the last four years. A seminar was conducted to educate the doctors regarding dengue alerts on 25



June 2015. Dr. Anjum Razzaq and Mr. Faisal Mushtaq gave technical details of the various alerts generated by the Alert Generation Committee constituted by Government of the Punjab. The seminar was attended by students and faculty of IPH Lahore as well as doctors registered for CME. **Reported by Faisal Mushtaq**

## IPH Conducts Community Capacity Building Program



As part of the health education & capacity building activities, IPH conducted Community Capacity Building Program in Sitara Colony, Nishtar Town, Lahore on 13 & 16 June 2015. Dean IPH was joined in the activity by Prof. Rubina Sarmad (MCH), Dr. Humaira Zareen, Dr. Rukhsana Hameed, Dr. Muhammad Khalid (CIT) & Mst Urooj. The activity was focussed on delivering awareness regarding dengue vector control and to use health education as a tool to equip the residents of the area to conduct vector surveillance on their own. **Reported by Humaira Zareen**

## IPH Hosts Meeting of Labs Conducting PCR For Dengue



As per decision of TAC, a meeting was held at IPH on 12 June 2015 under the chairmanship of Dean IPH Lahore in order to resolve apparent differences in testing methodology and use of primers for Dengue PCR. The IPH lab was represented by Dr. Zille Huma & Mr. Obaidullah Qazi while Center of Excellence for Molecular Biology (CEMB) was represented by Dr. Idrees. Dr. Islam Zafar (ADGHS EP&C) along with Dr. Waseem Akram (Head R&D) & Mr. Saflain Haider (JD PITB) were also present to facilitate the communication. Major decisions were made to remove the disparity in reporting from both the labs. **Reported by Hafiz Shahid Latif**

## IPH Hosts TAC Meeting on Dengue

A meeting of Technical Advisory Committee for Dengue (TAC) took place on 8 June 2015 under the chairmanship of Dean IPH Lahore. Other members included Prof. Farkhanda Kokab (Professor of Epidemiology), Prof. Waseem (Head R&D), Prof. Shahid Iqbal (Department of Infectious Diseases), Dr. Islam



Zafar (Additional Director General Health Services (Epidemic Prevention & Control), Dr. Idrees (Centre of Excellence for Molecular Biology), Dr. Humayun Naru (Department of Medical Entomology & Parasitology), Dr. Sajjad ul Hassan (Department of Environmental Health), Dr. Anjum Razzaq, Mr. Anwar Chaudhary (Department of Health Education) & Mr. Obaidullah Qazi (Department of Microbiology & Bacteriology). The agenda included review of vector surveillance activities and to look into possible innovations taking support of line departments. **Reported by Anjum Razzaq**

## Post Graduate Result Announced

University of Health Sciences declared the result of post graduate public health diplomas on 02nd June 2015. In MPH 13



out of 57 candidates passed the examination; Dr. Yadallah managed to top by securing 581 out of 800 marks. In MHM 2 candidates out of 15 passed the examination; Dr. Muhammad Azeem secured 542 out of 800 marks to top the rank. In MMCH 01 candidate out of 07 passed; Dr. Abida Raza secured 562 out of 800 marks. In MPhil Part One, 04 out of 05 candidates passed: Dr. Abdul Latif secured 499 out of 700 marks to top the rank.

**Reported by Zahid Ali & Muhammad Shafeeq**



## IPH Conducts Seminar on Inventory Management

A CME-Accredited seminar was held on June 4th in the IPH auditorium. Dr. Taskeen Zahra (department of Public Health Practices) gave a detailed introduction of the "inventory management" and highlighted the importance of its application in the healthcare delivery system. Dr. Zahid Maqbool, visiting faculty & ex general manager MSD shared his vast experience and valuable knowledge regarding the advantages of introducing the inventory management in the hospitals. A very inquisitive question-answer session was observed as many of the participants belonged to the healthcare administration. Prof. Dr. Maaz Ahmad (Dean IPH) emphasized upon learning new skills for the appropriate utilization of resources. **Reported by Taskeen Zahra**

## IPH Conducts Seminar on SWOT Analysis



Keeping in view the desire to capacitate the health system managers, a CME-accredited seminar on SWOT Analysis was organized at IPH Auditorium on June 11th 2015. A brief introduction of the topic was given by Dr. Shahid Latif. Dr. Malik Shahid Shaukat (Head of Biostatistics department) elaborated the core concepts and their applicability for principally analyzing a project or program considering its strengths, weaknesses, opportunities and threats. The simple and comprehensive presentation of Dr. Shahid Shaukat helped audience develop understanding of the analysis tool. Postgraduate students and faculty of the institute attended the seminar and appreciated the activity. **Reported by Umar Farooq Rathore**

## IPH Conducts Seminar on TB-DOTS

To make the fight against one of the deleterious communicable diseases Tuberculosis more effective, a CME- accredited seminar was held in IPH on June 18th 2015. Dr. Akram (Department of Bacteriology) stated the particulars of the DOTS program and the need of introducing this strategy in comparison to conventional therapeutic approach. Dr. Zill e Huma (PTBRL) highlighted the prevalence of the disease at provincial and national level and presented the evidence of more acceptability and



increasing successful recovery rate with the DOT strategy. Mr. Obaidullah Qazi (PTBRL) shared his valuable knowledge regarding the prevalent diagnostic techniques as well the upcoming advancement. He also drew attention towards the advantages of adapting advanced microscopic modalities for diagnosis and follow up. **Reported by Hafiz Shahid Latif**

## They breed You bleed

### Routine IPH Activities During June 2015

| Activities  | No.  |
|---|------|
| Vector surveillance of parks with ovitraps in Lahore                              | 192  |
| Vector surveillance of houses with ovitraps in Lahore & other Districts in Punjab | 116  |
| Dengue virus tests performed (IgM, IgG, NS1)                                      | 03   |
| Persons receiving health education on dengue                                      | 2636 |
| Clients receiving family planning services  | 45   |
| Expectant mothers receiving antenatal care  | 78   |
| Mothers receiving post natal care   | 07   |
| Patients utilising public dental health services                                  | 165  |
| International polio vaccination   | 83   |
| Children receiving vaccination of :   |      |
| BCG   | 14   |
| Pneumococcal  | 53   |
| Pentavalent   | 53   |
| Tetanus Toxoid  | 38   |
| Oral Polio  | 66   |
| Measles   | 36   |
| Anti-Rabies vaccination given to dog bite victims                                 | 2116 |
| Patients having sputum tested for AFB   | 372  |
| Patients having sputum cultured for AFB   | 372  |
| HIV Eliza   | 11   |
| HIV Rapid   | 11   |
| CBC tests performed   | 21   |
| Infants & children receiving health care  | 187  |
| Adults receiving health care  | 361  |
| Water samples tested for faecal contamination                                     | 821  |
| Computer Training Sessions  | 08   |
| Research Methodology sessions   | 18   |
| Daily report on dengue disease & surveillance                                     | 30   |