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IPH NEWS

Public Health

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Helping Community



IPH NEWS

IPH Signs MOU with UHS

IPH has been in hot waters since 2011 when Lahore was hit by a deadly epidemic of Dengue fever which left more than 400 patients dead. Despite the institution being a teaching set up only, it was found guilty of incompetence towards controlling the epidemic. Since then the concept of restructuring of IPH into a set up mimicking CDC Atlanta is selling like hot cakes. IPH being



the prime public health post graduate institute needs to revisit its academic capabilities and to strengthen its faculty. As a measure to achieve this end, IPH signed an MOU with UHS Lahore to become a constituent college of the university. This historic document was signed by worthy VC of UHS, Maj Gen (R) Prof. Muhammad Aslam and Dean IPH, Prof. Maaz Ahmad on 19 April 2016. According to the MOU, the administrative and financial matters will be controlled by the Health Dept. (SH&ME) through BOM of the institute while academics will be jointly monitored by UHS & IPH. If approved by the competent authority, the new collaboration is expected to help IPH regenerate its lost potential. **Reported by Anjum Razzaq**

IPH Facilitates Training of Health Managers at MPDD

IPH is the prime public health institute in the province and trains public health professionals for Masters' degree. IPH also



Every year, as a part of community medicine field work, the 4th year students of Services Institute of Medical Sciences are required to conduct a household survey in the catchment area of Institute of Public Health Lahore. Each student is expected to visit 5 households and fill the proforma. The students are facilitated in the field by the MCH Department of IPH; the staff of IPH including doctors and paramedics, guide the students regarding community interviewing and data collection. A batch of 70 students visited IPH on 11 April 2016 where they were briefed about their visit in the field by Dr. Rukhsana Hameed, Dr. Humaira Zareen & Prof. Rubina Sarmad. The batch was then accompanied to the catchment area by the team. **Reported by Rukhsana Hameed**

Fourth Year MBBS Students Visit IPH

Students of 4th year MBBS from various medical colleges visited IPH during the month of April 2016. 50 students of Ameer ud Din Medical College visited IPH on 13th & 14th of

provides short term trainings to health managers. The current training was organized by Management & Professional Development Department (MPDD) and IPH was asked to facilitate. Dr. Hafiz Shahid Latif from IPH delivered an interactive lecture on "Community Involvement and the Role of NGOs in Healthcare Management" on 8th April 2016. The audience was senior public healthcare managers from all over the Punjab attending a 4-week (21st March to 15th April) capacity building course. **Reported by Zubair Latif**

IPH Helps SIMS Students Conduct Household Survey



April. 50 students of Akhtar Saeed Medical College came to IPH on 9th, 16th & 20th of this month. A batch of 100 students from Shalamar Medical College Lahore visited IPH on 23rd of April. All these students were taken around various departments of IPH and briefed about the work conducted. **Reported by Shahid Mahmood**



Training



IPH NEWS



Public Health England Visits IPH

Worthy Chief Minister Punjab, Mian Shahbaz Sharif has visualized state of the art health services for the province. Restructuring of IPH is also a part of his vision so that this prime public health post graduate institution contributes maximum towards community health. In his meeting with chief executive of PHE Mr. Duncan Selbie regarding up gradation of disease surveillance system in Punjab, the worthy chief minister asked PHE to look into the revamping of IPH and suggest improvements. Mr. John Forde, international public health consultant for PHE visited IPH on 28 April 2016. He was accompanied by Dr. Ashraf Chaudhary from Contech International & Miss Maryam Shah from Specialized Healthcare& Medical Education Department. The team was welcomed by Dean IPH and was given a briefing on the history and functioning of the institution. This was followed by a visit to various departments of the institute. The team is to make multiple visits in near future to finalize its recommendations for the government. **Reported by Anjum Razzaq**



IPH Holds Dengue Seminar & Walk

As instructed by Health Dept. (SH&ME), IPH conducted an awareness seminar on dengue on 6th April 2016. The event took place in conference hall of IPH and was attended by the staff and faculty of the institute. Dr. Hafiz Shahid Latif opened the seminar and discussed matters of common interest including use of mosquito repellants and screening of windows and doors of the houses. Dr. Muhammad Aslam from MEP department talked about the development of dengue vaccine. Dean IPH then closed the seminar by talking on various methods of prevention & control of dengue. The seminar was followed by a walk. **Reported by Faisal Mushtaq**





IPH Hosts TAC Meeting on Dengue



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The Technical Advisory Committee is the prime body governing dengue prevention and control program in Punjab. Regular meetings of this body take place to monitor the program and to discuss new issues. The latest meeting was held in IPH on 16 April 2016 under the chairmanship of Dean IPH Lahore. The agenda was to discuss the vector surveillance indicators. Field teams had shown concern regarding the use of Breatheau Index as an alert. The committee reviewed the situation in detail and concluded that deviation from the Dengue SOPs had led to confusion and if all teams followed the document in true spirit and detail, most of the questions would be automatically answered. The members who attended the meeting included Dr. Nadeem Sohail, Additional Secretary Technical Primary & Secondary Health Care, Prof. Farkhanda Kokab, Dr. Somia Iqtadar PA Sec DEAG, Dr. Fayyaz Butt, Additional Director General (EP&C), Dr. Shahid Amin DD (CSA) PHC, Dr. Tahir Mehmood, Mr. Iftikhar Ahmad Qureshi (Director Fisheries), Dr. Muhammad Humayun Naru (HOD MEP, IPH), Dr. Waseem Akram Director (EDH) EPA and Dr. Anjum Razzaq IPH, Lahore. **Reported by Anjum Razzaq**

Prof. Farkhanda Kokab Retires

Prof. Farkhanda Kokab, Prof. of Epidemiology, Head of the Department of Epidemiology & Epidemiologist to the Government of the Punjab retired on 16th of April 2016. She joined IPH as a



demonstrator in 1987 and served in various capacities till she got promoted as Professor in 2002. She had an additional charge of Dean IPH twice and also served as Principal Sahiwal Medical College. Her contribution towards the development of this institute cannot be forgotten for times to come. The Research & Publication Cell bids her farewell and prays for her health and happiness in future. **Reported by M. Azeem Malik**

New PG Class (Session 2016) To Join IPH Next Month

The process of admission in post graduate courses is long and methodical requiring many months to complete. The advertisement is followed by a month of application form submission and then entry test. After the result of entry test is ready, first set of merit lists is prepared and displayed and the short listed candidates are called to get their original documents verified. The subsequent lists of both public & private candidates pass through the same process before a final merit list is forwarded to health department for approval & issuance of deputation to the eligible candidates. This part of the admission has no clear cut timeline and occasionally delays the classes. This year the lists have been forwarded to the health department and many students have already been awarded deputation. The classes are expected to start off in the middle of next month. **Reported by Zahid Chaudhary**

PSSHMC Conducts World Occupation Day

Punjab Social Security Health Management Company celebrated World Occupation Day on 28th April 2016. The theme of the seminar was work place stress. Speakers from various organizations including Haier Pakistan & Pepsi Pakistan participated in the event. Dr. Ubaida Nighat, HOD Occupational Health represented IPH. The speakers talked about the reasons of work place stress and means of coping with it from both the management side and the workers side. Dr. Ubaida talked about the minor problems faced by the employees which in turn lead to work place stress. The seminar concluded with advocating that managing stress at work place has clear benefits for the worker, the organization and society at large. **Reported by Ubaida Nighat**



Routine IPH Activities During April 2016

Activities	No.
Samples of Dengue larvae received from different towns of Lahore & other Districts in Punjab	1987
Persons receiving health education on dengue	2689
Clients receiving family planning services	48
Expectant mothers receiving antenatal care	72
Patients utilising public dental health services	213
International polio vaccination	43
Children receiving vaccination of :	
BCG	05
Pneumococcal	47
Pentavalent	47
Tetanus Toxoid	21
Oral Polio (OPV)	75
Measles	24
Anti-Rabies vaccination given to dog bite victims	2183
Tests of Hepatitis-B	04
Tests for Hepatitis-C	04
HCV PCR tests performed	638
Infants & children receiving health care	85
Adults receiving health care	486
Water samples tested for faecal contamination	---
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